

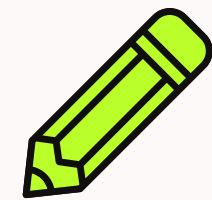
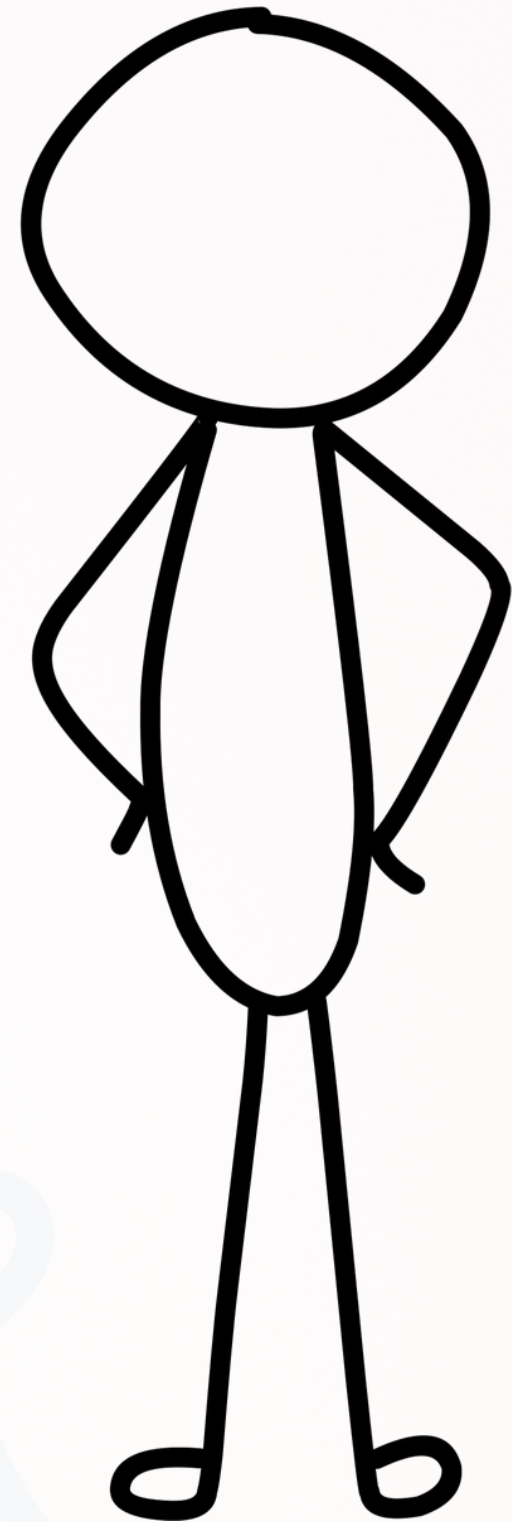
How to deal with a **Jerk At Work**

A Practical Guide to Better Reactions,
Better Relationships, and Better Results



Annie Monyok

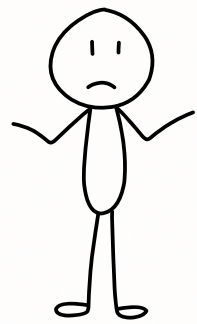




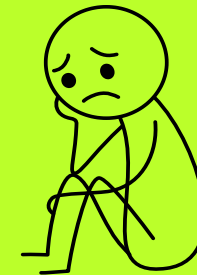
Draw the **Jerk At Work**

- Not someone you know.
- Draw the behaviors.
- What do they say?
- What do they do?
- How do people feel around them?

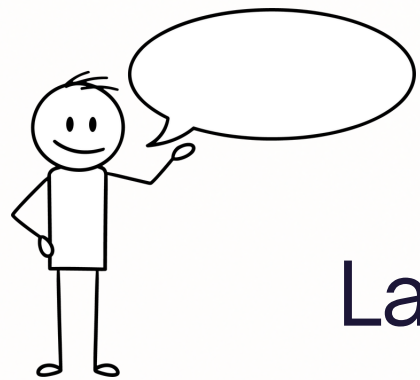
What did we notice?



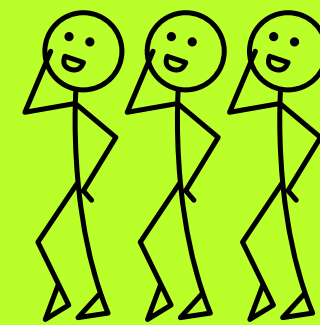
Behaviors



Impact



Language



Patterns

The Hard Part ?

We've all been there.



Connection *before* Correction



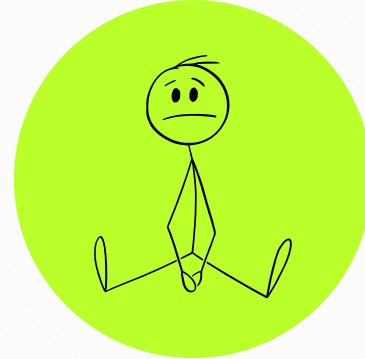
What flips your switch?



Pressure



Ego



Frustration



Fatigue

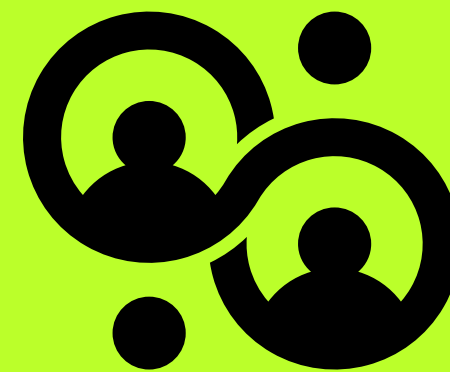


Fear

Framework



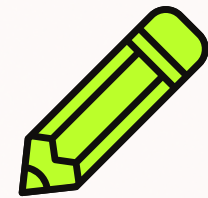
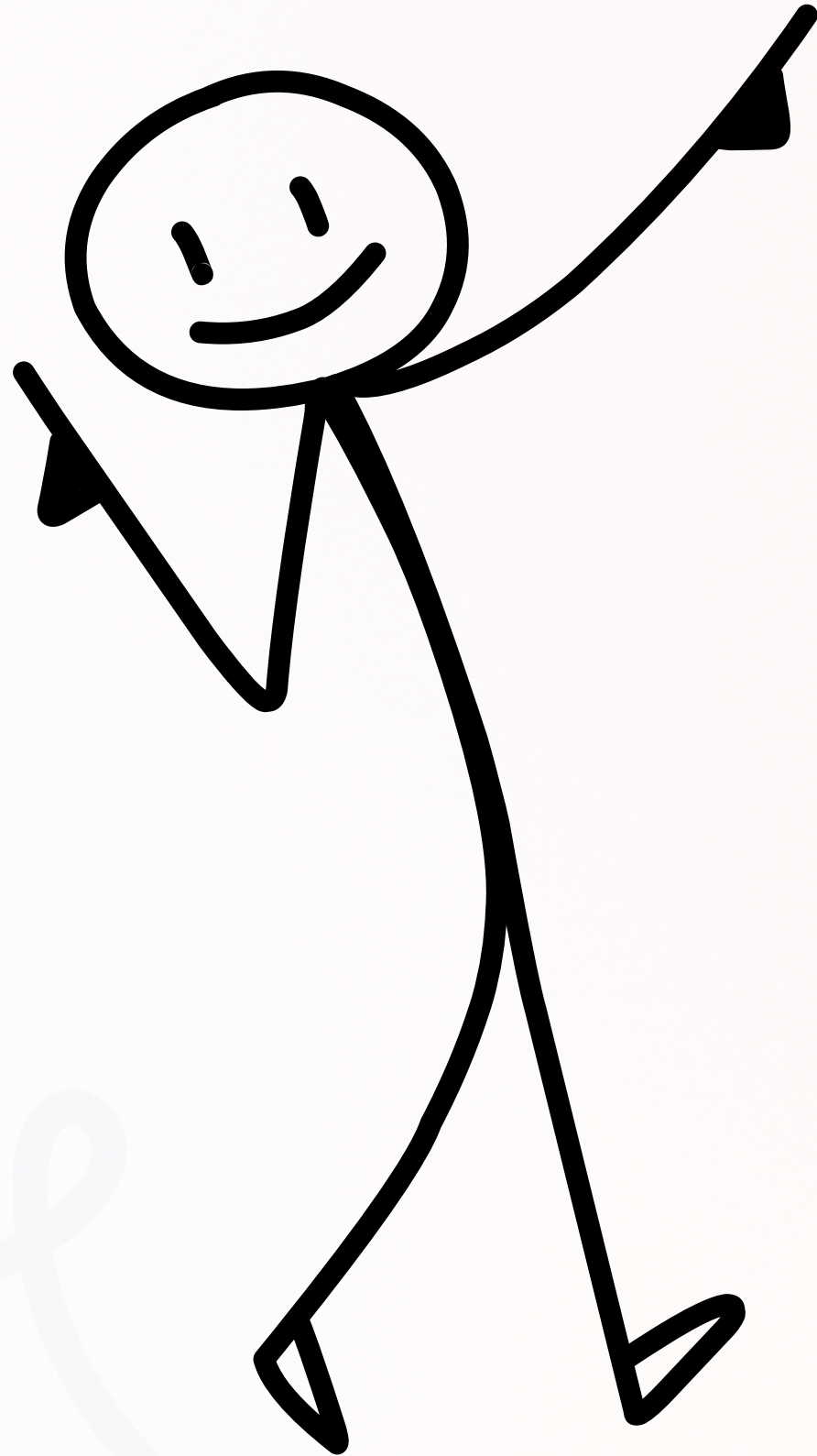
Pause.



Connect.



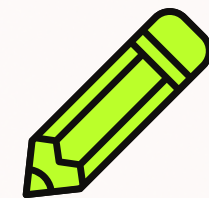
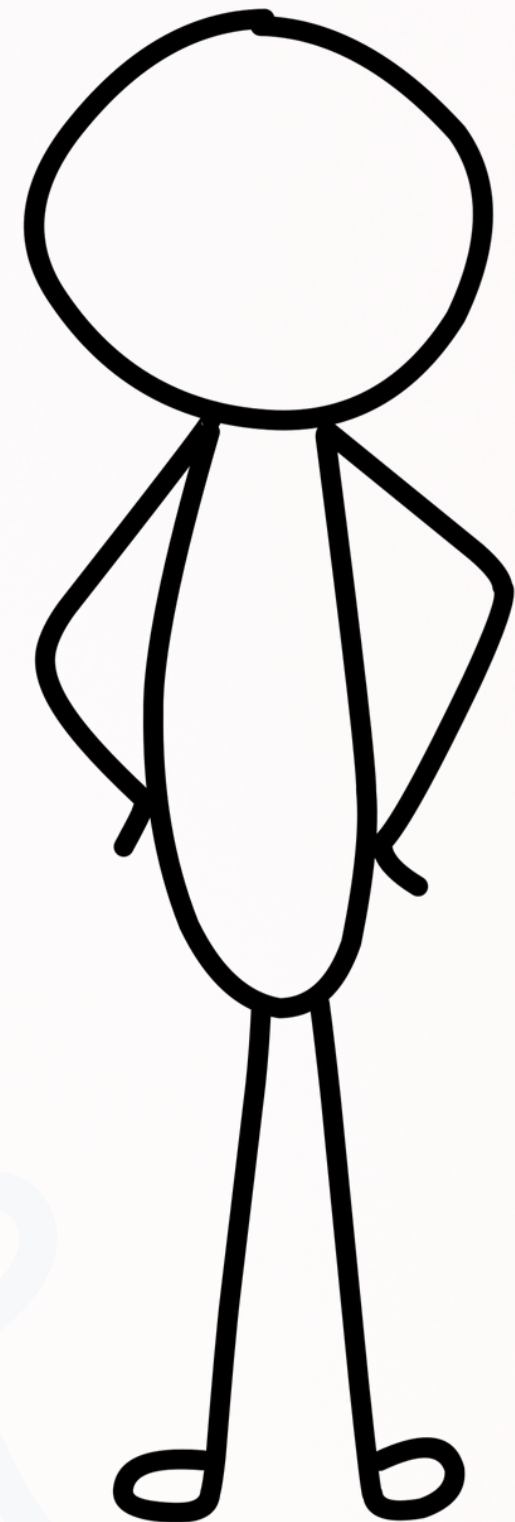
Then Correct.



What will
people say **about you.**

When someone leaves a meeting with
you, what do you hope they say?

Gem



Draw the ~~Jerk~~ At Work

- Fix your jerk.
- Add the behaviors that transform this person into someone people actually want to work with.

If we can ever be helpful.

Please reach out!



Annie Monyok

Founder, CEO



Ally Durbin

Director of Marketing



Jenni McConkey

Director of HR



Michael Barth

Sales Partner



Cole Carpenter

Photographer



Caleb Bryant

Videographer